

  
**UNIFOUR PAIN  
TREATMENT CENTER**

*A Service of Frye Regional Medical Center*

## NEW PATIENT INFORMATION

You have an appointment scheduled at Unifour Pain Treatment Center:

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Arrival Time: \_\_\_\_\_

If you are unable to keep your appointment, please call UPTC at (828) 324-4005. A 48 hour notice of cancellation is greatly appreciated. A fee may be charged for a missed appointment without notification.

The Unifour Pain Treatment Center is located off of Tate Blvd. at the Unifour Medical Commons in Hickory, North Carolina. Directions to the Center are located on the back of this form.

If you were told you may have a block or injection on your first visit, please note the following instructions:

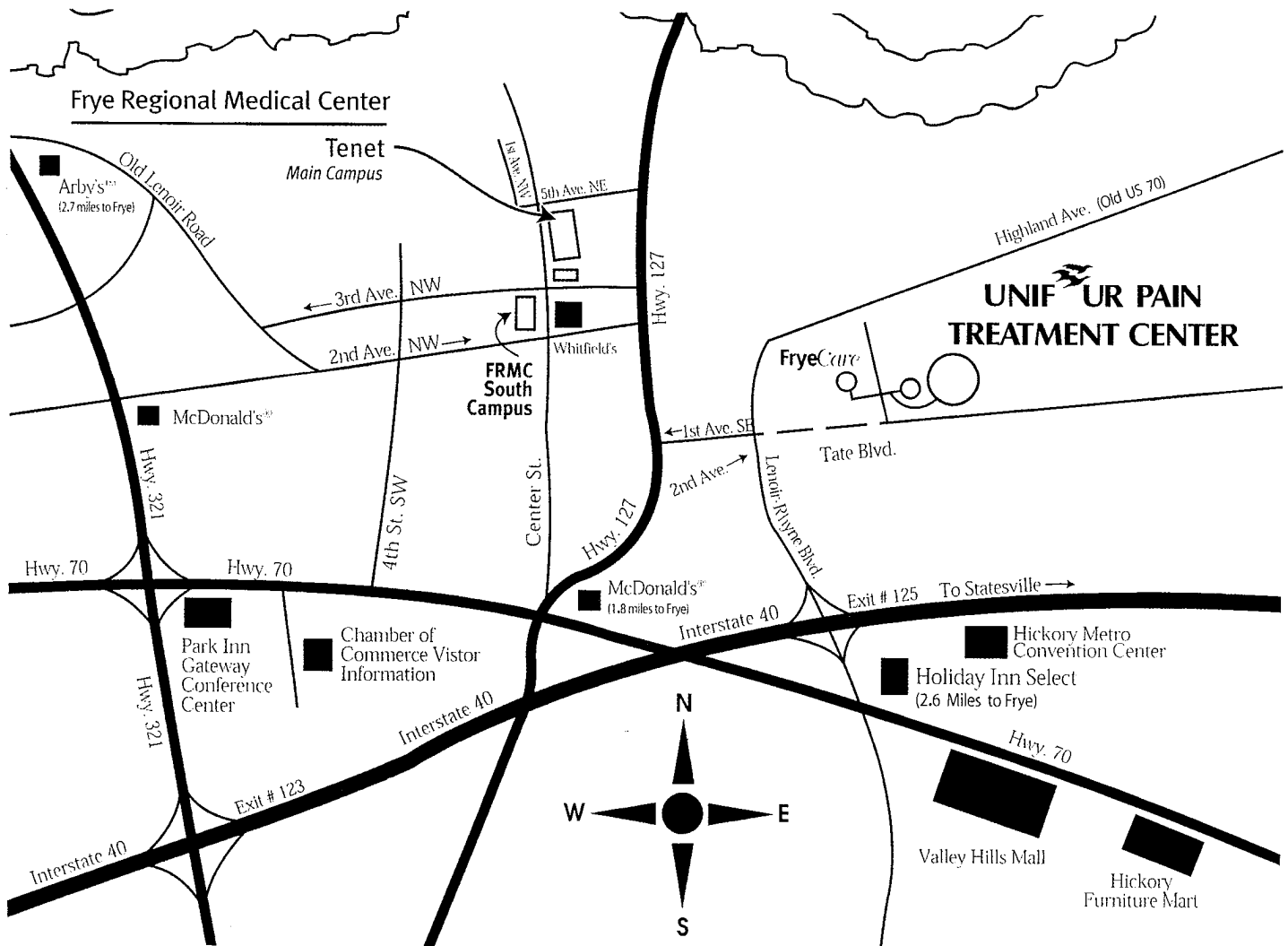
- We ask that you DO NOT EAT solid food or dairy products within six (6) hours of your appointment.
- You may drink clear liquids up to two (2) hours before your appointment. Clear liquids include water, black coffee, clear juice or soda. No milk or cream please.
- You may take your regular scheduled medications, including pain medications, with a sip of water before your block. Diabetics should hold regular insulin and take ½ NPH dose the morning of the procedure. Carry some sugar or apple juice with you to your appointment and use if you feel your blood sugar is low. Please call if you have any questions.
- You MUST bring a driver with you to take you home after your block.
- Please bring all of your current medications, in their original containers from the pharmacy, with you to every appointment.
- Please call us immediately if you are: taking a blood thinner (e.g. Coumadin, Plavix, high-dose aspirin, etc.), allergic to iodine, IV contrast (dye), or could possibly be pregnant.

After your block, you should:

- Plan to rest for the remainder of the day.
- Not plan to drive a vehicle or operate machinery for the rest of the day.
- Ask someone to be with you for several hours after you leave the Center.

If you have questions regarding your appointment, please call us:

**Unifour Pain Treatment Center**  
**(828) 324-4005**



**From Taylorsville:**

Take Highway 90 to Highway 127 South and turn left onto 127 South. Cross the Catawba River Bridge. At the 15th stoplight, turn left onto 2nd Avenue SE, which will be a one-way street going East. This road becomes Tate Blvd SE. Travel through 3 stoplights and at the 4th stoplight, turn left into Unifour Medical Commons. Take the 1st right. Center will be the 2nd building on your left.

**From Lenoir:**

Take Highway 321 South. Cross the Catawba River Bridge. Go to exit for I-40 East. Take I-40 East to exit 125. At the top of the exit ramp, turn left. At the 5th stoplight, turn right onto Tate Blvd. SE. Go to the 3rd stoplight, turn left into Unifour Medical Commons. Take the 1st right. Center will be the 2nd building on your left.

**From Morganton/  
Asheville:**

Take I-40 East to exit 125. At the top of the exit ramp, turn left. At the 5th stoplight, turn right onto Tate Blvd. SE. Go to the 3rd stoplight, turn left into Unifour Medical Commons. Take the 1st right. Center will be the 2nd building on your left.

**From Statesville,  
Charlotte, or  
Winston-Salem:**

Take I-40 West to exit 125. At the top of the exit ramp, turn right. At the 4th stoplight, turn right onto Tate Blvd. SE. Go to the 3rd stoplight, turn left into Unifour Medical Commons. Take the 1st right. Center will be the 2nd building on your left.

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250 18th Street Circle SE  
Hickory, NC 28602-1366 • uni4painrx.com